

Claymont Community Center 5K Run/Walk & 1 Mile Fun Run - Helping to Change Lives

Claymont, DE

BLACKROCK

Sunday, October 19, 2008



NOTICE: NO BABY STROLLERS ARE ALLOWED IN THE RUN PORTION OF THIS EVENT. YOU MAY WALK WITH STROLLERS.

Race Time: 9:00 am (registration opens at 8 am)
 Location: Claymont Community Center, 3301 Green Street, Claymont, DE.



Benefits: People in need of health care, counseling, crisis support, vocational training & recreational activities for children and seniors.

Course: Wheel measured by Chip Bixler.



Amenities: Tee shirts and refreshments.

Awards: Overall male and female plus top 3 in ten year age groups 13 under through 70+. Top 3 male and female walkers.

Entry Fee: \$18 pre entry by Oct. 16th \$23 after and morning of event.

Entry Info: Make checks payable to "Claymont Community Center."

Contact: For more information, contact Greg Munson
 gregmunson@claymontcenter.org (302) 792-2757 x142.



Mail entry to: CCC, Changing Lives 5k, 3301 Green Street, Claymont, DE 19703.

Claymont Community Center 5K Run/Walk (Please print neatly)

Name:

Address:

City: State: Zip Code:

Telephone: Age: (Day of Race) Sex:

T-Shirt Size: S M L XL 5K Run 5K Walk 1 Mile Fun Run
(Please circle one)

E-mail address: _____

Signature: _____

(Parents signature if less than 18 years old)

Please discourage unofficial entrants (bandits) from competing in our races. Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones are prohibited on the race course at any time to ensure runners' safety and to comply with liability insurance standards.

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said race.

NO REFUNDS—THE RACE DIRECTOR RESERVES THE RIGHT TO REJECT ANY ENTRY